

NRS Travel grant – WASOG conference – Ottawa, Canada

The WASOG 2025 conference (World Association for Sarcoidosis and Other Granulomatous Disorders) took place in Ottawa, Canada, from October 16–19. During this international meeting, the latest developments in sarcoidosis research and clinical care were presented and discussed.

At the conference, I had the opportunity to give a 15-minute oral presentation on outcome measures in sarcoidosis trials, using data from the PREDMETH-trial. In this study, we compared Forced Vital Capacity (FVC) with the King's Sarcoidosis Questionnaire (KSQ) Lung domain score to explore whether a combined endpoint may provide a more comprehensive assessment of treatment response. The presentation led to valuable discussions on the limitations of FVC as a standalone endpoint and the importance of incorporating patient-reported outcomes.

In addition, I was invited to speak at the WASOG Patient Conference, where I presented an overview of ten recent or ongoing clinical studies in sarcoidosis, including the PREDMETH-trial. Engaging with patients and hearing their reflections offered important insights into how research findings are interpreted and valued in clinical practice.

I would like to thank the NRS for supporting my participation in the WASOG 2025 conference. It was a valuable opportunity to share my work, learn from international colleagues, and strengthen collaborations within the sarcoidosis research community.